Dear (NAME OF THE SCHOOL) school principal, staff and teachers!

Greetings of peace to you. We hope you are doing well.

We are sending you this letter because our child/children attend this school. As you might know, the holy month of Ramadan is expected to start on May 6th and that means some Muslim children will be fasting.

During the month of Ramadan, Muslims across the world fast by not eating or drinking from sunrise to sunset. It's a time for us to increase our prayers, kindness, charity and overall spiritual growth. Muslim families stay up late at nights to reconnect with family and friends through group prayers and gatherings.

I am sharing this letter with you to open up our religion and bring about awareness of the potential changes in our child’s behavior. Our child might be less energetic during PE or playtime during this month. They also can benefit from being excused to go to the cafeteria during lunch time. We hope you will accommodate them with short breaks as you see needed.

During this month, our children learn to be patient, kind, giving and forgiving. As I am asking you to be mindful of our children’s challenges during this month, I also appreciate your partnership in embracing their growth.

We hope with more awareness and collaborations, we create a world full of happiness for the future of our communities.

Please consider visiting [www.iacschoolva.com](http://www.iacschoolva.com) and search for “Tips for Surviving Ramadan with your Muslim Students, if you Aren't Muslim” to learn more.

Warmest regards and many thanks,

Parents of ( YOUR STUDENTS NAME)

(YOUR CONTACT INFORMATION)